Speaker 1: If you're teaching kids outside, they sort of become masters of their own universes. But almost universally, there's a little bit of apprehension for some kids when they start Muddy Sneakers.

Speaker 2: A lot of my kids have never been out in like true outdoors. They're kind of just within their own little city limits in their neighborhood.

Speaker 3: So I think the best thing is creating a safe space for them, letting them know that I'm going to give you the skills to identify those things to stay away from. But also, I'm here to keep you safe. I'm here to build this classroom as a very safe space, so you're going to feel just as comfortable as you are with four walls than you do with these trees that are surrounding me.

Speaker 1: After a few times they do it, it just becomes natural for them and they sort of relearn their innate love of the out of doors. And that's really what this program is so good at. It's we're reconnecting kids with nature.