



# PARTICIPANT INFORMATION

STAY CONNECTED:    

Muddy Sneakers is a non-profit organization that provides hands-on outdoor experiences, science education, and standards-aligned science curricula.

## WHO LEADS THE PROGRAMS?

Muddy Sneakers instructors have professional backgrounds in teaching, outdoor recreation, natural sciences, and naturalist guiding. All instructors are First Aid/CPR-certified and are either working toward or have completed their N.C. Environmental Education certification.

## WHERE DO PROGRAMS TAKE PLACE?

We prioritize using conserved land that families and friends can visit on their own. Sites may include:

- national forests
- state forests
- county parks
- conserved private lands
- state parks
- city parks
- schoolyards

## WHAT SHOULD PARTICIPANTS BRING?

On field trips, participants may spend all day outside. Closed-toe shoes and weather-appropriate attire are a must! In addition, please pack:

- Lunch, snacks, & two full water bottles
- Comfortable walking shoes
- Cold days: layers, jacket, hat, gloves, etc.
- Optional: sunscreen, bug spray



## GIVE THE GIFT OF GREEN TIME

Our mission is supported by generous donations from foundations, businesses, and individuals like you.

Please join us in thanking those who make Muddy Sneakers possible in your community, and consider giving a gift!

## GET INVOLVED!



Visit [muddysneakers.org](http://muddysneakers.org) to become a volunteer chaperone!

To chaperone your child's group, contact their teacher or group leader.



Leave a review on Google or Facebook



Invite Muddy Sneakers to speak at your next event, group meeting, or community gathering! It's an easy and fun way to share our work with the community!

Muddy Sneakers, Inc. is a nonprofit, tax-exempt charitable organization (tax identification number 26-0338084) under Section 501(c)(3) of the Internal Revenue Code. Donations are tax-deductible as allowed by law.

[www.muddysneakers.org](http://www.muddysneakers.org)